

DAY 5

2026 edition

LONDON

ITINERARY



by **JESSICA DANTE** of **LOVE + LONDON**

Key:



HOURS



WHEELCHAIR FRIENDLY



ESTIMATED TIME TO SPEND ON A VISIT



VEGGIE FRIENDLY



WEBSITE (CLICKABLE)



VEGAN FRIENDLY



LOCATION (CLICKABLE)



GLUTEN-FREE FRIENDLY



ATTRACTION INCLUDED IN THE LONDON PASS



ONE OF JESS'S FAVOURITE SPOTS IN LONDON

Cost guide:

£ - up to £20 (*per person*)

££ - £21 up to £40

£££ - £41 up to £70

££££ - £70 +

DAY 5

ACTIVITIES AND SIGHTS



Day 5 in London!

Wow – you've done a LOT of London so far; well done!
You're practically a local by now ;) Today we're starting the day in Hampstead, a posh and leafy suburb that has an incredible green space and some of the most beautiful houses in the entire city.

You'll then head slightly south to make your way to famous Camden. We'll point out some interesting spots that I think you'll enjoy much more than the market, which tends to get super crowded and has a not-so-great mix of shops and stalls, in my opinion. On the way you'll also stop by Primrose Hill and Regent's Park Road, if you are up for it. Finally you'll hop on Regent's Canal and make your way to King's Cross, where there's tons of great shopping, restaurants, bars and even an outdoor cinema. Enjoy!

Start at Hampstead Heath Station



Hampstead Heath



Hampstead Heath is one of the most beautiful green spaces in London, and one of the largest at 800 acres, or three square kilometres. The Heath is a popular gathering place for north Londoners (as well as the Londoners happy to travel from their various areas) for walking, exercising, picnicking and dog walking. There's a LOT in this park, from the Parliament Hill viewpoint, to historic buildings like Kenwood House (recognisable from a few films like Notting Hill), to the stunning Hill Garden and Pergola - worth walking around purely for its haunting beauty.

One of the things that sets Hampstead Heath apart from other beautiful London parks is the swimming ponds and lidos (swimming pools). The swimming ponds are of special historic significance, having been dug in the 17th century as reservoirs to meet the growing demand for water in London. These days there are two "single sex" ponds (male and female) and one for "mixed" bathing. While the ponds have been appreciated by locals for so long, they were also a dark part of London's trans history back in the early 2010s when anti-trans activists said they didn't want trans people to be allowed in the women's pond. Thankfully, the community was supported by the Heath, and trans people are welcome in whichever pond they'd like. This is truly such a beautiful part of London so you could definitely spend at least half a day here exploring, especially if you love the outdoors and want to take a dip in one of the ponds or lidos yourself.

[Check here for more information on disabled access to Hampstead Heath.](#)

Free | Hampstead



Parliament Hill Viewpoint

Hands-down, this is one of the best (free) viewpoints in London. And while it's a bit of an uphill trek, the short climb is totally worth it for the sweeping views over the city. You can spot landmarks like the Shard, St. Paul's and the Gherkin all lined up on the skyline. A hot tip: if it's been raining, definitely wear shoes you don't mind getting a bit muddy because the trails can get squishy!

Free | Hampstead





Photo courtesy of National Trust

2 Willow Road

Architecture fans will love this one. 2 Willow Road was designed and built in 1939 and was considered incredibly innovative and modern for its time. But because of that, it was extremely controversial, especially as a few historic Hampstead cottages had to be demolished for this residence that, quite frankly, stood out like a sore thumb. It was designed by Ernő Goldfinger, the architect behind the Trellick Tower in Notting Hill. If his last name sounds familiar, here's why... author Ian Fleming was so opposed to the construction of 2 Willow Road that he retaliated by using the architect's name for both the villain and the title of his seventh James Bond novel.

These days, 2 Willow Road is part of the National Trust, a UK conservation charity protecting historic places and green spaces, and you can book in to visit the modernist property and to go on one of their guided tours. Adult tickets are £13 and kids are £6.50. Must be booked in advance.

£ | Hampstead



Thu 11am – 4:30pm, Sat 11am – 4:30pm



1 hour



**Wheelchair accessible on the ground floor. The rest can only be seen through film*



Photo courtesy of Keats House

Keats House

Keats House is part house, part museum. It was once the home of the Romantic poet John Keats, and it has been preserved for all of us to enjoy and to learn about the house's history and his story. Apparently, Keats wrote "Ode to a Nightingale" under a plum tree in this very garden! Visit for a historic tour of a beautiful, Grade I listed (protected) property. And if you're a poetry fan, be sure to pop into the mini gift shop on your way out. Adult tickets are £10.30 and kids under 18 go free.

£ | Hampstead

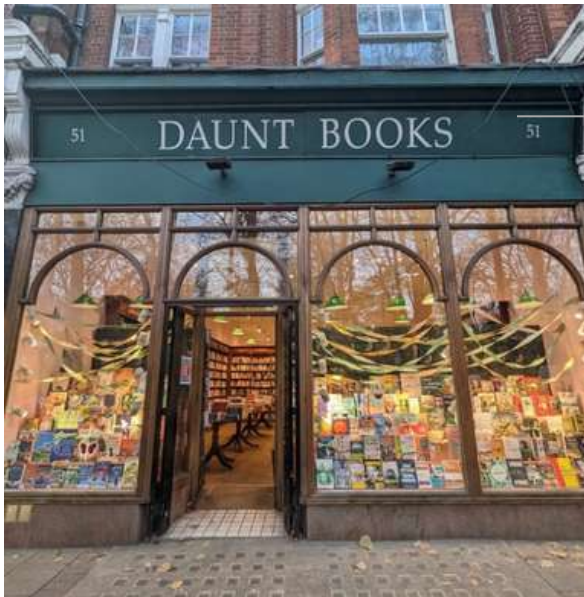


Wed – Fri and Sun 11am – 1pm & 2pm – 5pm



30 minutes





Daunt Books

Daunt Books is a small chain of bookshops located in London only, and their locations are popular with the city's bibliophiles. Pop into the cute and cosy Hampstead location and you'll find lots of old and new titles. Their speciality is the travel genre, and you'll see Daunt's own publications throughout the shop as well.

£-££ | Hampstead

 Mon - Sat 9am - 6pm, Sun 11am - 6pm



Burgh House



Burgh House was one of the first large houses to be built in Hampstead in 1704. It was a private residence for over two centuries, and then it was turned into a community centre by Hampstead Borough Council before the house eventually fell into disrepair and was closed indefinitely. But in 1979, a group of local residents saved the house and it was eventually leased to the newly formed charity, the Burgh House Trust, as a space for the local community.

It's "an independent, self-funding charity and a dynamic space for art, events and history. Our purpose is to provide a welcoming space where everyone can discover the rich heritage of Hampstead, through engaging with our collection and participating in a diverse programme of cultural events including exhibitions, talks, concerts and workshops". The cafe there is also a charming space both inside and out, with an ivy-lined patio where you can enjoy a coffee, some cakes, or classic brunch food while sitting in the shadow of this incredible and historic building.

££ | Hampstead

 Wed - Fri and Sun 10am - 4pm



Photo courtesy of Burgh House via Instagram



Flask Walk

There are two parts to the lovely street that is Flask Walk, both worth seeing and exploring. One end is lined with impeccably-maintained brick homes that have definitely seen a lot of action over the decades. You'll notice The Wells and Campden Baths and Wash Houses, built in 1888 for local Londoners to both swim and bathe in, as it was less common to have private baths back then. The building was designed for the Wells and Campden Charity, a local landowner. It was converted to housing in 1985.

Then there's the end that's pedestrianised and lined with shops, cafes, florists and a pub. If you like true antiquities, stop into Keith Fawkes, selling secondhand books and other vintage pieces. Or just pick somewhere with an outside table, grab a coffee and do a bit of people watching.

Free to visit | Hampstead



Camden Art Centre

Another one a bit off the path of the day, but I wanted to include it just in case you're a big modern art fan. Camden Art Centre was originally built as a public library over 50 years ago, but it now combines historic architecture with its bright, open art spaces, cafe, bookshop/gift shop and relaxing green garden. Pop in to see the centre's latest exhibitions and installations of contemporary art from up-and-coming artists from both the UK and around the world. Some popular names they've supported early in their careers include Martin Creed, Kerry James Marshall, Kara Walker, Sophie Calle, Yinka Shonibare, Mike Nelson and Mary Heilmann. The centre also hosts many workshops, talks, events and more, so check the website to see what's on when you plan to visit.

Free | Hampstead



Tue - Sun 11am - 6pm (open Thursdays till 9pm)



30 minutes - 1 hour



Photo courtesy of Camden Art Centre



Freud Museum



The Freud Museum was the London (and final) home of, as you probably guessed, Sigmund Freud, the founder of psychoanalysis, and his daughter Anna Freud, a pioneering child psychoanalyst. The approach to the museum is almost surprising; you are walking down this stunning Hampstead street lined with multi-million pound houses, and suddenly, one of those houses you're admiring is the museum! Explore the beautifully maintained property, learn about the Freud family, their refugee status and their contributions to society. Adult tickets are £15. Must be booked in advance.



Photo courtesy of Freud Museum

£ | Hampstead



Wed - Sun 10:30am - 5pm



45 minutes - 1 hour



* Wheelchair accessible on the ground floor, there's no access to the first floor (and no accessible toilets)



Photo courtesy of English Heritage

Go Plaque Spotting

If you're anything like us, you'll walk around Hampstead in absolute awe of many of the houses you'll stroll by. Huge gardens, incredible brick facades, beautiful front doors... and I'm talking multi-million pound properties. Almost everywhere! It's crazy. And because this has been a desirable and affluent area to live in for centuries now, tons of famous people have lived or worked here, so you will notice round, blue plaques on some of the houses and buildings you pass. The plaques tell you who lived or worked there and when, and what their contribution was. See how many you can spot when you explore this area!

Free to visit | Hampstead



Navigate to Regent's Park Road



Explore Regent's Park Road

Regent's Park Road is a lovely street leading up to Primrose Hill, lined with boutique shops, cafes, pubs and restaurants, that has a bit of posh village-y feel to it. It's been featured in many films and television shows, and Love and London's very own Dani even saw them shooting a Christmas film in the middle of summer once! The area has been popular with celebrities for quite a long time now, too – celebs from Sylvia Plath to Gwen Stefani live or have lived nearby.

There's a lot to browse here, including high-end clothing boutiques, charity shops selling luxury secondhand pieces, salons, independent bookshops, cute cafes, pretty pubs and more. You'll see Greenberry Cafe has made it to the eats section of the day.

Free to visit | Camden



Primrose Hill

Primrose Hill, a grassy hill near Regent's Park Road and not far from Regent's Park, is known as one of the best free spots for a view of the London skyline. With its highest point at almost 63 metres above sea level (it's one of six protected viewpoints in London) and nearby trees being kept at a low level, Londoners LOVE to gather here on warm, sunny days to picnic and admire the views. Join in on the fun, and head up at sunrise or sunset on a clear day for extra gorgeousness.

Two fun facts: at one time, Primrose Hill was popular for duelling and prize-fighting! How very Bridgerton. Also, an oak tree was planted on the slope of the hill back in 1864 to mark the 300th anniversary of Shakespeare's birth. A replacement tree was planted in the 60s.

Free | Camden

 Daily 5am – sunset



Navigate to Camden



Camden Market

Alright, so here's the deal with Camden Market: it's super popular, but honestly, it's not my favourite. It's usually RAMMED with people, and most of the stalls are pretty hit-or-miss and full of lots of, well, crap. That said, I'm including it here because it's one of those places in case you feel strongly that you have to see it. Just go with low expectations, and if it's not for you, you can always pop over to one of the nearby pubs or food & drink spots I recommend below instead.

Free - ££ | Camden



Daily 10am - 7pm



Camden's Street Art

Camden Town, being a culture and arts centre of the city, naturally lends itself to creative expression via street art. Walk the streets here and you'll easily find large murals, statement pieces, memorials, and other art across buildings, bridges and more. Some have been there for years, while others might have been created just hours before you arrive, as the scene is always changing. The pin on the Digital Map brings you to a corner that always has some big, beautiful pieces.

Free | Camden





Photo courtesy of London Waterbus Company

London Waterbus Company

This is the same waterbus tour I mentioned in Day 4, except this one starts in Camden and ends up in Little Venice, so the reverse of yesterday's boat. Only do this if you're happy for this to be the last thing you do on this day as you'll then be off today's route!

Adult tickets from £14-£17. [Book in advance.](#)

£ | Camden



Daily 5am - sunset



45 minutes



Walden Books

Down an unassuming street in Camden you'll find Walden Books, a treasure trove of secondhand books just ready to be snatched up at decent prices. Along with a selection of popular fiction and non-fiction you'll see lots of antique books, poetry, and other unique finds. If you love to read, this could be a great spot to pick up an affordable keepsake to bring back home.

£ | Camden



Thu - Sun 10:30am - 6:30pm



Plant Power Vegan Food Tour



Grab a spot on London's only vegan food tour! With your trusty tour guide, you'll roam Camden's top plant-based eateries, trying the likes of tasty dim sum, crunchy fried chicken that would 100% pass for the real thing, and a popular pizza spot with the creamiest of mock mozzarella. Even if you're not vegan, this is a fun way to experience incredibly tasty food you wouldn't normally order.

£££ | Camden | [Adult tickets are £73.99 and kids £60.](#)



3 hours





Photo courtesy of Camden Comedy Club

Camden Comedy Club

One of London's most affordable nighttime activities is going to a comedy show... I go all the time when I want a night out that's a bit more than just me and a few friends drinking around a table at a pub (I love those nights too, don't get me wrong). If you end up in Camden later in the evening, grab tickets to a comedy show at Camden Comedy Club. The club started as just a small thing in a little room above the Camden Head Pub, but after hosting big names like Alan Carr, Russell Howard, Bridget Christie, Ava Vidal, and Sara Pascoe (to name just a few) they got their own space in 2014.

Their big-time comedy shows are on Fridays and Saturdays, but check their programme as they have lots of interesting and fun options on other days of the week as well. And if you don't live in England, you might not get all of the references depending on the comedian, but don't worry, that's a good excuse to start a chat with whoever is sitting next to you, to ask if they can explain a thing or two!

With their most expensive tickets being just £15 and some events being "pay what you want", this is super accessible to everyone, no matter your budget. [Book tickets in advance.](#)

Free to visit | Hampstead



Daily 7pm - 11pm



2 - 2.5 hours



The Jazz Cafe

Camden has been heavily influenced by the arts and music scene over the decades, so it's a great place to see live music in smaller, more intimate settings. If you plan on being in the area in the evening, two places I recommend checking the line-up of are The Jazz Cafe and The Blues Kitchen.

The Jazz Cafe opened back in the early 90s in what used to be a branch of Barclay's bank. It's hosted some pretty big names, like D'Angelo, Amy Winehouse, Adele, Roy Ayers, and Bobby Womack. The cafe is known for booking some of the biggest acts on the planet alongside local, rising talent. To give you an idea of how big the place is, it holds 450 people across both floors (there's a restaurant on the top floor that overlooks the stage).

Tickets range from £5 to £50.

£ - £££ | Camden



Live Shows: Daily 7pm - 10:30pm
Club Nights: Fri - Sat 10:30pm - 3am



*

**The mezzanine restaurant isn't wheelchair accessible*



Photo courtesy of The Jazz Cafe



Photo courtesy of The Blues Kitchen

The Blues Kitchen

The Blues Kitchen likes to say it's the home of blues and rock'n'roll music in London, having hosted names like Gary Clark Jr, Martha Reeves & The Vandellas, The Libertines, Kitty, Daisy & Lewis, Huey Morgan, and the Mystery Jets. They've got live blues music every night of the week, with late night dancing on the weekends (it's super popular with partiers in their 20s). The Blues Kitchen is also a well-known restaurant serving up "American Soul Food" for brunch, lunch and dinner and they've got 80 (!) different bourbons ready to be tasted, if that's your thing.

Tickets range from £5 to £50, but some nights have free entry.

£ - £££ | Camden



Mon - Tue 12pm - 12am, Wed - Thu 12pm - 1am, Fri 12pm - 3am, Sat 11am - 3am, Sun 11am - 1am



*There isn't an accessible toilet at this venue

Walk the Canal towards King's Cross



Photo courtesy of Granary Square

Granary Square

Once you hit King's Cross on the canal, you'll make it to Coal Drops Yard (mentioned next) and Granary Square, a development where there's always something going on. Let's start with the restaurants and bars here, our favourites of which are named in the food section for today's itinerary.

Then there's Canopy Market, a Friday through Sunday market under a beautiful Victorian steel-and-glass roof, where you can shop for unique pieces from artisan makers and sample some delish street food. Then there's the main square, where you might find a pop-up art exhibit, an impressive light installation or, if it's the summer, this is where you can take the kids to cool off in the square's interactive fountains.

Finally, there's the amphitheatre that leads down to the canal. Besides being a lovely place to sit and enjoy the sunshine and maybe a drink from a nearby drinks truck (there's usually one to be found), this is also home to things like outdoor cinema, live music and more.

Free | King's Cross





Photos courtesy of Coal Drops Yard

Coal Drops Yard

Just next to Granary Square you'll find Coal Drops Yard, a new development in an old structure. Dating back to Victorian times, the brick viaducts that now hold the shops and restaurants in this development were freight rail yards during the industrial revolution. More recently, they've been featured in films, are home to counter-culture artists and, for a decade, hosted some of the biggest raves in the entire world.

It's now home to shops from both recognisable brands and indie, up-and-coming ones, plus restaurants, wine bars and cafes. Most of the time there's also a free event or exhibition happening here that's usually worth checking out.

Some of my favourite spots in Coal Drops Yard are highlighted below!

Free to visit | King's Cross



Daily 10am - 10pm



Photo courtesy of Queer Britain via Facebook

Queer Britain

Queer Britain is the UK's first and only LGBTQ+ museum. Opened in 2022, this inspiring space in King's Cross shines a light on the rich history and culture of the UK's queer community through a bunch of powerful exhibitions, artefacts and art. Admission is pay-what-you-can, and every bit goes towards keeping this independent charity open and thriving. Exhibits change regularly too, so I'd check their website to see what's on when you're here.

Tickets are priced as 'Pay What You Can' | King's Cross



Wed - Sun 12pm - 6pm





Photo courtesy of Lower Stable Street via Instagram

Lower Stable Street



Sometimes people go to Coal Drops Yard but miss Lower Stable Street because it's a bit tucked away, but it's home to some little gems like Redemption Roasters (a great little coffee spot I mention later on), some small food vendors selling unique, affordable cuisines and a couple of cute shops. Plus, Thursday through Sunday, there's the Lower Stable Street Market with pop-up food stalls serving karaage chicken, arepas and more, giving you another affordable lunch option.

Free | King's Cross



Opening hours vary by store

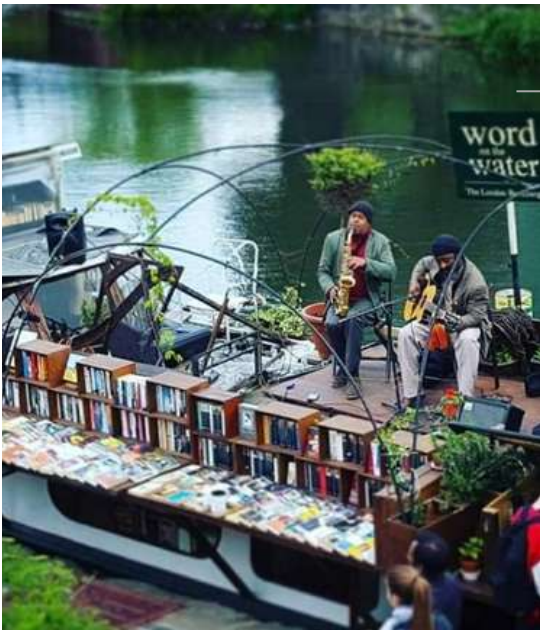


Photo courtesy of Word on the Water

Word on the Water

Have you ever been to a bookstore on a boat? Hard to beat the cuteness of Word on the Water. This independent bookshop boat is parked up on Regent's Canal every day, ready for you to pick up some new titles to take home with you. For a small boat, there's actually a HUGE selection across all different genres, including children's books. You could even grab a new book and head to the amphitheatre back in Granary Square to read in the sunshine for a couple of hours.

£ - ££ | King's Cross



Daily 12pm - 7pm





Camley Street Natural Park



This little hidden oasis near Granary Square in King's Cross is often overlooked, even by locals in the area. Camley Street Natural Park is a special urban nature reserve made up of woodlands, grassland and wetland habitats, where you might spot butterflies, birds and other animals and insects. It's a nice place for a bit of a walk when you want a break from the hustle and bustle of King's Cross, and it's super kid-friendly. Grab a coffee and a pastry from the friendly cafe on site and enjoy the canal views while you're at it.

Free | King's Cross



Daily 10am - dusk



Photo courtesy of London Canal Museum

London Canal Museum



As mentioned earlier, London's canals are super important to us these days, as they're where many people live on their houseboats, and they're also used by many Londoners for walking, cycling and exercising. But back in the Victorian era, they were vital to London trade. You can learn all about their history and impact on the city at the London Canal Museum. This place is super under-the-radar when it comes to London's museum scene, but it's such a little gem. The museum itself is located in a huge Victorian ice well that stored ice imported from Norway by ship and canal boat to this very building, which was built in 1862 by Carlo Gatti, the famous ice cream maker.

The museum is run by a passionate group of volunteers, is great for both children and adults, and is fully accessible. Adult tickets are £8 and kids £4.

£ | King's Cross



Tue - Sun 10am - 4:30pm (last entry at 4pm)



1 - 2 hours



Photo courtesy of King's Cross

Harry Potter Platform 9¾

If you're a big enough fan of Harry Potter that you're happy to stand in a line for 25 minutes to get a picture at "platform nine and three quarters" then you're in the right place. Just head to King's Cross station and follow the people with the striped scarves on.

Free | King's Cross



Mon - Sat 8am - 9pm, Sun 9am - 9pm





Photo courtesy of Gay's the Word

Gay's the Word

Gay's the Word is the UK's oldest LGBTQ+ bookshop, and has been an institution for the community since its inception in 1979. A group of gay socialists wanted to create a community space where all profits were put back into the business. It still has the same values today, and not only are its walls lined with LGBTQ+ fiction and non-fiction books, but it's also host to many events and workshops, led by their five staff members: Jim, Uli, Erica, Brooke and Jem.

Stop in to pick up some new reading and soak up an important part of this community's London history. The staff are super friendly and can make recommendations no matter your reading interests. They have guidance for anyone with visual impairments, can order large-print books, and if you would prefer silence instead of background music while browsing, they can accommodate. Finally, while they don't have anyone who can speak BSL, staff are well versed in communicating with pen and paper.

Free to visit - £ | King's Cross



Tue - Sat 11am - 6pm, Sun 1pm - 6pm



Photo courtesy of Jing Daily Culture

The Postal Museum

Learn the fascinating history of Britain's postal service at The Postal Museum (maybe you already guessed that!). In this extremely kid-friendly museum, you can see the first postage stamp, and other interesting aspects of the service through interactive exhibitions, both permanent and temporary. But the best part? Taking a ride on the Mail Rail, a small train that runs underground on a route that was originally designed to transport mail.

£ | Clerkenwell



Tue - Sat 10am - 5pm



2 - 3 hours



DAY 5

FOOD AND DRINKS



Let's start the day with breakfast at my favourite Hampstead cafe, then you'll find recommendations along the route for lunch, dinner and drinks.

Breakfast Recommendation



Photo courtesy of Redemption Roasters

Redemption Roasters



London coffee tastes that much better when you know the money you paid for it is helping to do something good, and you get that at Redemption Roasters. They've got a roastery in Aylesbury Prison where they train young offenders in top-notch barista skills with the idea that it will help reduce the chances of reoffending and give them a chance at finding work once they're out. Many of the baristas at their cafes have come from the prison program. In addition to coffee offerings, many of which are seasonal, you can opt for the cafe usuals at Redemption like cookies, cakes, and grilled sandwiches, plus they have a menu of really delish dishes like homemade granola, mushrooms on toast, and more.

I'm recommending this as **THE** place to have breakfast before you start your itinerary today because it's the best spot for breakfast in the area. Also FYI - there's a Redemption in King's Cross, so I've marked it off on the itinerary map in case you want to stop in there later today.

£ | Hampstead | King's Cross

 **Hampstead:** Mon - Fri 7am - 6pm, Sat - Sun 7:30am - 6pm

 **King's Cross:** Mon - Thu 7:30am - 6pm, Fri 7:30am - 7pm, Sat 8am - 7pm, Sun 8am - 6pm



HAMPSTEAD KING'S CROSS

Cafes, Lunch and Dinner in Hampstead and Regent's Park Road



Photo courtesy of The Spaniards Inn

The Spaniards Inn

If you spend some time in the northern part of Hampstead Heath and you start to get hungry for lunch, make your way to The Spaniards Inn. This pub dates back to the 1500s, making it one of London's oldest. You might recognise the name from various works of literature over the centuries, as it was visited by many historic figures like John Keats. The homely interiors of The Spaniards Inn make you feel a bit like you've gone back in time, but on nice days you'll probably want to head out to the extensive beer garden and enjoy the nice weather with the Hampstead locals. As with many pubs in London, expect good food, speciality beers on tap, and fine wines on offer. All not too far from the Heath.

££ - £££ | Hampstead



Mon 12pm - 11pm, Tue - Fri 10am - 11pm,
Sat 10am - 12:30am, Sun 11:30am - 10:30pm



Photo courtesy of The Holly Bush

The Holly Bush



The Holly Bush pub is tucked away on a quiet street in Hampstead, and its quaint exterior has garnered quite a bit of Instagram fame. But this place dates back way before the IG days, as the Grade II listed (historically protected) building was originally built as a house in the 1790s, and eventually became a pub in 1928. The name "The Holly Bush" actually comes from an age-old tradition of hanging a branch or bush above the door of a pub to let potential patrons know that a drink could be had inside.

While it looks small, The Holly Bush has quite a few rooms to it. You can choose to have a drink in the bar area, which is relaxed and bright (and usually has a dog or two waiting eagerly for a bit of bar snack to drop) or if you'd like lunch, dinner or Sunday roast you can choose one of the elegant, Georgian-style dining rooms instead.

££ - £££ | Hampstead



Mon - Sat 12pm - 11pm, Sun 12pm - 10:30pm





Photo courtesy of Ottolenghi via Instagram

Ottolenghi Hampstead

I can't walk past Ottolenghi without their darn good selection of salads, pastries and Mediterranean-inspired dishes in the window catching my eye—and trust me, their looks aren't even the best thing about them. The flavours coming out of this place are incredible and I'd easily eat the salad plate from here for weeks on end if you let me. The deli vibe is perfect for grabbing a quick bite (or picking up some treats to picnic in Hampstead Heath), but if you've got a little time to spare, make sure you sit in and enjoy a hot meal off their menu.

££ | Hampstead



Mon - Sat 8am - 9:30pm, Sun 9am - 6pm



Photo courtesy of Greenberry Cafe

Greenberry Cafe



After you've seen the amazing view from Primrose Hill and browsed some of the shops on Regent's Park Road, head to Greenberry for a coffee, a smoothie and some brunch. The friendly cafe is filled with attentive staff ready to bring you one of the many yummy brunch and lunch items on the menu. Expect lots of eggs, avocado toast, and some more innovative, seasonal dishes too. They use Climpson coffee here, which is a Londoner favourite, and if you want something a bit harder, there's a wonderful wine and cocktail selection - no judgments here (plus they're open for dinner most nights too).

Greenberry is an absolute local favourite so if you can make a reservation ahead of time, do it. Otherwise you might get lucky if you pop in on a quieter day.

££ | Primrose Hill



Sun - Mon 9am - 3pm, Tue - Sat 9am - 10pm



Cafes, Lunch and Dinner in Camden



Photo courtesy of Poppies

Poppies Fish & Chips

When people ask me where to get good fish and chips in London, Poppies is always where I say to go. This is their Camden location and it's a 110-seat restaurant with 1940s post-war vibes. Portions are large, so you might want to consider splitting one between two people, and make sure you try the mushy peas, too! Oh, and a little treat for you: I've managed to get you a 20% discount, just show [this discount here](#) to your server or at the register before you pay.

££ | Camden



Sun - Wed 11am - 10pm, Thu - Sat 11am - 11pm



Photo courtesy of Mildred's

Mildred's



Mildred's is one of those places that, when I plan to meet my non-veggie friends for brunch, lunch or dinner, they often say "oh wait, can we please go to Mildred's?!" The plant-based menu at cosy, relaxed Mildred's is filled with both innovative dishes and classic comfort foods that are a hit no matter how you like to eat. Honestly, everything is banging here, but I tend to gravitate towards the ranch BBQ chick'n* burger and the Korean fried chick'n* burger. They also do coffee, smoothies, and cocktails.

There are two locations you could hit up today, one in Camden and one in King's Cross.

££ | Camden | King's Cross



Camden: Mon - Thu 10am - 11pm, Fri 11am - 11pm, Sat 9am - 11pm, Sun 9am - 19pm



King's Cross: Mon - Thu 9am - 10pm, Fri - Sat 9am - 11pm, Sun 9am - 9pm



CAMDEN

KING'S CROSS



Photo courtesy of Purezza

Purezza

When you want a damn good pizza in north London, be sure to head to Purezza in Camden, which is a favourite among Londoners. They do both classic and innovative Italian-style personal pizzas which are super tasty, and everything on the menu also happens to be plant-based, even the "meats". One of their pizzas is even award-winning, beating a ton of other meat-based opponents. I love any of their options with chorizo, and I highly recommend starting with the dough balls, which are stuffed with oozy, gooey cheese.

I also love that the staff are super friendly and chatty; it makes the experience even better.

££ | Camden



Mon - Thu 12pm - 10pm, Fri - Sat 12pm - 10:30pm,
Sun 12pm - 9:30pm



*There are two steps at the entrance, but they have a ramp



Photo courtesy of Imago Interiors

Temple of Seitan

Temple of Seitan was one of the biggest fast-food disruptors in London a few years ago, with founder Rebecca having perfected classic menu items like chicken strips and juicy cheeseburgers with no animal products. These days, the temple (it's not an ACTUAL temple) is now one of the most successful vegan fast-food restaurants in Europe. Stop in if you want some dirty, quick and absolutely delicious plant-based burgers, strips and more (although if you book onto the [Vegan Food Tour](#), which I highly recommend, you'll stop here).

£ | Camden



Daily 12pm - 10pm



Cafes, Lunch and Dinner in King's Cross



Photo courtesy of Dishoom

Dishoom

Modern Indian restaurant Dishoom features in many of the itinerary days, you'll notice. Once you eat here, I think you'll understand why.

When I recommend to friends that we go to Dishoom, it's always a "YES!", because they just nail everything. The food is BANGING, from the sausage naan roll (vegan or not) at breakfast, to the house black daal, the chicken ruby and the vegetable samosa. The drinks are great too, whether you go for a cocktail like the colaba colada or the house chai. The decor is stunning, taking inspiration from the railway cafés of old Bombay. Finally, the staff are so great (Dishoom is named as one of the best companies to work for in the UK) and all of this is brought to us at super reasonable prices.

DEFINITELY book ahead, but you can often walk in on weekdays before noon. Expect big queues in the evenings and on weekends.

££ | King's Cross



Mon - Wed 8am - 11pm, Thu - Fri 8am - 12am, Sat 9am - 12am, Sun 9am - 11pm



Photo courtesy of Caravan

Caravan

Caravan is a Londoner favourite for a few reasons. The industrial-style Granary Square location, in a vast Victorian warehouse space that was once a grain store gives me laid-back vibes. And no matter whether you go for breakfast, lunch, brunch or dinner, you know everyone you're with will talk about how good their dish is, whether it's fish, meat, veggie or gluten-free. And if you're visiting on a dry, mild day, try to snag one of the coveted al fresco tables.

Definitely make a reservation if you can but they hold a bunch of tables for walk-ins as well.

££ | King's Cross



Mon - Fri 8am - 10:30pm, Sat 9am - 10:30pm, Sun 9am - 9:30pm





Photo courtesy of Lina Stores via instagram

Lina Stores



Lina Stores has a few locations around the city, so if you didn't go the other day, you have another chance now. It's become a favourite of Londoners for a somewhat affordable, very tasty and a bit innovative Italian menu that works for almost everyone, even vegans and gluten-free people. Plus the blue-green branding is adorable. My must-orders include the Gnudi Fritti (fried ricotta & herb gnudi and Calabrian chilli marmellata) and rosemary foccacia to start, then I change it up for my main. If I don't have the Lina Store Negroni, there was actually no point in me even dining there that day.

££ | King's Cross



Mon - Fri 8am - 11:30pm, Sat - Sun 9am - 11:30pm



Photo courtesy of Bubala

Bubala

(As seen in day 2) Bubala is a Middle Eastern restaurant in the heart of King's Cross - their newer, larger location. Everything on the menu is either vegetarian or vegan, but meat eaters, don't let that scare you! The flavours coming out of this place will make you forget all about needing meat.

For me, the burnt butter hummus, baba ganoush and mushroom skewer are standouts, to the point my mouth is salivating just thinking about them, but honestly, everything that hits the table is worth ordering, so don't overthink it. Definitely book in advance.

££ | King's Cross



Mon - Fri 12pm - 3pm & 5pm - 11pm, Sat 12pm - 11pm,
Sun 12pm - 9:30pm





Photo courtesy of Hoppers via Instagram

Hoppers



I can't get enough of Hoppers, which is why you'll see a bunch of their locations peppered throughout the guide. Inspired by Sri Lanka's vibrant flavours, the menu is full of seafood grills, spicy sambols and signature egg-topped hoppers. It's all designed for sharing, so come hungry and try a bit of everything. If you're not sure where to start, I'd go for the £36 Hoppers Experience. It includes a selection of short eats, a curry and plenty of hoppers, dosas or rice.

££ | King's Cross



Mon - Thu 12 - 3pm & 5:30pm - 10pm, Fri 12 - 3pm & 5:30pm - 10:45pm, Sat 12pm - 10:45pm, Sun 12pm - 9pm



Photo courtesy of Bao

Bao



This little spot in Pancras Square (which pops up a few other times across this itinerary!) reimagines classic Taiwanese comfort food with a modern twist. The menu is full of affordable fluffy bao buns, rice bowls, noodles and xiao chi (Taiwanese small plates). Grab a seat inside or take your bao and bubble tea to go and enjoy them by the canal in the sun. And if you've still got room? The baonut and fried ice cream bao are absolute must-tries.

£ - ££ | King's Cross



Mon - Thu 12pm - 10pm, Fri - Sat 12pm - 10:30pm, Sun 12pm - 9pm





Photo courtesy of Decimo

Decimo

If it's not rooftop weather, perched one floor down on the 10th floor at The Standard, is one of those restaurants where the view is just as good as the food. With floor-to-ceiling windows, you get sweeping city views that pair perfectly with the Spanish-Mexican menu by chef Peter Sanchez-Iglesias. The vibe is upscale yet relaxed, with a buzzing atmosphere and a DJ on some nights. My must-try recommendations are the tortilla with caviar and the black cod cooked in a banana leaf. Oh, and if you're a cocktail fan, the mezcal margaritas are a great start.

££££ | King's Cross



Tue - Wed 5pm - 12am, Thu 5pm - 1am, Fri 5pm - 2am,
Sat 12pm - 2:30pm & 5pm - 2am



Photo courtesy of Itadaki Zen

Itadaki Zen



Affordable but delicious meals are hard to find around King's Cross and St. Pancras stations, unless you opt for a chain fast food place, but hey, we can do better than that, right?! That's where Itadaki Zen comes in. Take the ten minute walk to this small, unassuming restaurant where you'll find delish Japanese dishes that all happen to be plant-based. It's "tapas-style", meaning small plates that allow you to share with your dining buddies and try a whole bunch of things on the menu. Try the miso-glazed aubergine, "calamari", and the Japanese nuggets to start you off.

££ | King's Cross



Sun - Mon 6pm - 10pm, Tue - Sat 12pm - 2pm & 6pm - 10pm
(Kitchen closes at 9:15pm)



Pubs and Bars in Camden and King's Cross



Photo courtesy of The Abbey Tavern

The Abbey Tavern

The Abbey Tavern is lively almost any night of the week, but especially on sunny days when Camden-ites head there after work to sip pints in the beer garden or on the roof terrace, soaking up the last bits of sunshine for the day (and actually, the garden is open in the winter too, and equipped with heat lamps).

Beyond that, the Abbey Tavern is your classic neighbourhood pub, with plenty of options for beer, cider, wine and cocktails. They've also got the famous Nanny Bill's in residence, who serve up gravy-dipped burgers alongside crispy deep fried croquettes filled with either mac and cheese or 24 hour cooked beef brisket. You can also grab an affordable Sunday roast here.

££ | Camden



Mon - Wed 4pm - 12am, Thu 3pm - 12am,
Fri - Sat 12pm - 1am, Sun 12pm - 11pm



Photo courtesy of The Hawley Arms

The Hawley Arms

The Hawley Arms is one of those London pubs that's rough around the edges, but which has a personality that makes it outshine many other pubs in the city. It's hard to describe, so you'll just have to go there and see for yourself. Drink prices are relatively decent compared to the rest of the area, so you can expect a pleasant mix of people here, from students to locals that have lived in the area for 50+ years.

The Hawley Arms is also considered to be a part of the musical history of Camden, as Amy Winehouse is said to have worked here before her career took off. You'll actually see tributes to Amy etched onto the bathroom doors from when she passed away.

£ - ££ | Camden



Sun - Thu 12pm - 12am, Fri - Sat 12pm - 1am





Photo courtesy of Spiritland

Spiritland

Cafe by day and bar by night, Spiritland is known as "The King's Cross music mecca". No matter when you visit, you'll hear fantastic music of all genres, from 50s jazz to deep electronica, country rock to classic pop. The only way I can describe this place, especially at night, is... very cool. The interiors are inspired by Japanese vinyl music rooms, with heavy velvet curtains, wood panelling and neon signage. During the day, you can expect a cafe-style menu and brunch on the weekends. Visit in the evening and it becomes a fully-fledged bar, with a dance floor, DJ and a curated but fantastic cocktail list.

It's a small place, so book ahead of time if you want to visit on a weekend evening.

££ | King's Cross



Mon - Thu 9am - 11pm, Fri 9am - 1am,
Sat 10am - 1am, Sun 10am - 7pm



Photo courtesy of Porte Noire

Porte Noire Wine Cellar & Bar

Head round the back of Coal Drops Yard and you'll find Porte Noire, an intimate, glamorous wine cellar and bar with a very famous owner: Idris Elba! When designing the decor and menu, he and his co-owner and brother David pulled inspiration from "the talented winemakers and the intimate settings of wine bars of France, Italy and Spain". This is a great spot to go with anyone who loves a good glass of vino or bubbles and wants to enjoy it along Regent's Canal, especially if you want to impress them...

£££ | King's Cross



Mon - Tue 4pm - 11:30pm, Wed - Sat 11:30pm - 11:30pm,
Sun 12pm - 6pm





Rooftop at Standard Hotel

Tell the staff at The Standard Hotel that you'd like to head to The Rooftop bar and you'll be led to a red, pill-shaped lift (elevator) that will whisk you 11 floors up (with views of the stunning St. Pancras Renaissance Hotel on the way). Emerge onto the rooftop, covered with AstroTurf and topped with colourful seating options, and you'll be able to see over the city skyline and a unique close-up of the clock tower of St. Pancras station. You can order any drink you'd like up here but their speciality is their Tommy's margarita.

The Rooftop isn't covered, so it's open seasonally. Be sure to check the website for opening info before visiting. Alternatively, visit one of their ground-floor bars.

££££ | King's Cross



Photo courtesy of The Standard Hotel



Photo courtesy of The Material Source

Library Lounge

The Library Lounge on the ground floor of The Standard used to be home to the Camden Council Library, hence its name. If you're a fan of modern cocktails in a sexy, trendy environment that's full of books... well, then this is a must-visit. During the day on weekdays, this is a popular laptop spot for both Londoners and hotel guests, but once 5pm hits, it's a no-laptop zone and the vibes ramp up.

£££ | King's Cross



Sun - Wed 7am - 12am, Thu - Sat 7am - 2am





Photo courtesy of Booking Office 1869

Booking Office 1869

One of the most luxurious drinking experiences in north London can be found at Booking Office 1869. This glamorous cocktail bar is part of the St. Pancras Renaissance hotel and is situated right in the iconic St. Pancras train station. The interiors send you back to the 1930s with vast ceilings, tall windows, palm trees and velvet seating. It's a reimaging of the station's original 19th century ticket hall.

Step in for a drink and you'll be browsing a luxurious cocktail list and a full menu of snacks, raw oysters, main dishes and more. From 9:30pm on Fridays and Saturdays, resident DJs take the vibe to "late night" and the bar stays open till late.

£££ | King's Cross



Daily 7am - late



Photo courtesy of The Racketeer

The Racketeer



In Victorian times, London residents had to contend with pickpockets, whose accomplices would distract their victims by causing a racket in the street, and that's where the name of this cocktail bar came from. The vibes here are Victorian gothic (fitting), and while spirits are their speciality, they've got plenty of beers and wines on the menu to choose from. Be sure to venture to the secret garden at the back and the hidden basement bar for more Dickensian ambiance while you sip your tipples of choice. Finally, if you drink something you really like at The Racketeer, they've got their own bottle shop so you can take a bottle of almost anything you want home with you.

££ | King's Cross



Tue & Wed 4pm - 11pm, Thu 4pm - 12am,
Fri 4pm - 1am, Sun 3pm - 11pm



Day 5 is complete!

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LONDON DAY 5 CHECKLIST

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- ☐  Parliament Hill Viewpoint
- ☐  2 Willow Road
- ☐  Keats House
- ☐  Daunt Books
- ☐  Burgh House
- ☐  Flask Walk
- ☐  Camden Art Centre
- ☐  Freud Museum
- ☐  Go Plaque Spotting
- ☐  Explore Regent's Park Road
- ☐  Primrose Hill
- ☐  Camden Market
- ☐  Camden's Street Art
- ☐  London Waterbus Company
- ☐  Walden Books
- ☐  Plant Power Vegan Food Tour
- ☐  Camden Comedy Club
- ☐  The Jazz Cafe
- ☐  The Blues Kitchen
- ☐  Granary Square
- ☐  Coal Drops Yard
- ☐  Queer Britain
- ☐  Lower Stable Street
- ☐  Word on the Water
- ☐  Camley Street Natural Park
- ☐  London Canal Museum
- ☐  Harry Potter Platform 9¾
- ☐  Gay's the Word
- ☐ The Postal Museum

Food and Drinks

- ☐  Redemption Roasters
- ☐  The Spaniards Inn
- ☐  The Holly Bush
- ☐  Ottolenghi Hampstead
- ☐  Greenberry Cafe
- ☐  Poppies Fish & Chips
- ☐  Mildred's
- ☐  Purezza
- ☐  Temple of Seitan
- ☐  Dishoom
- ☐  Caravan
- ☐  Lina Stores
- ☐  Bubala
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- ☐  Spiritland
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- ☐  Rooftop at Standard Hotel
- ☐  Library Lounge
- ☐  Booking Office 1869
- ☐  The Racketeer

LONDON DAY 5

Remember: you're not meant to do EVERYTHING.
I recommend picking 5-6 attractions a day, and a place to eat for each meal.

Spots to eat...

☐	
☐	
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Must do...

☐	
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☐	

I'd also like to see...

☐	
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☐	

DAY 5 BOOKINGS AND TICKETS TRACKER

A list of all of the spots along the Day 5 route that might need advance booking. Click on the links in the column "Book/Reserve here" to go directly to each attraction's booking or reservations page. You can also print these pages out and use the last column to keep track of which bookings you've made and when you've made them for.

Sights and POIs		Book/Reserve here	Booked/Bought?
2 Willow Road		Book in advance	
Freud Museum	 	Reserve if you can	
Plant Power Vegan Food Tour		Book in advance	
Camden Comedy Club		Book in advance	
The Jazz Cafe		Reserve if you can	
The Blues Kitchen		Reserve if you can	
London Waterbus Company		Book in advance	
The Postal Museum		Book in advance	

Street Food and Restaurants

Greenberry Cafe	   	Reserve if you can	
Poppies (Camden)		Reserve if you can	
Mildred's (Camden)	   	Reserve if you can	
Mildred's (Kings Cross)	   	Reserve if you can	
Purezza	   	Reserve if you can	
Itadaki Zen	  	Reserve if you can	
Lina Stores	   	Reserve if you can	
Caravan	   	Reserve if you can	
Dishoom (Kings Cross)	   	Reserve if you can	
Booking Office 1869	   	Make a reservation	
Bao	   	Reserve if you can	
Hoppers	   	Make a reservation	
Bubala	  	Make a reservation	

Pubs and Bars

The Spaniards Inn	  	Reserve if you can	
The Holly Bush	  	Reserve if you can	
The Racketeer		Reserve if you can	
Rooftop at Standard Hotel		Book in advance	
Spiritland		Book in advance	
Porte Noire Wine Cellar & Bar	 	Reserve if you can	



WHEELCHAIR
FRIENDLY



VEGGIE
FRIENDLY



VEGAN
FRIENDLY



GLUTEN-FREE
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ATTRACTION INCLUDED
IN THE LONDON PASS